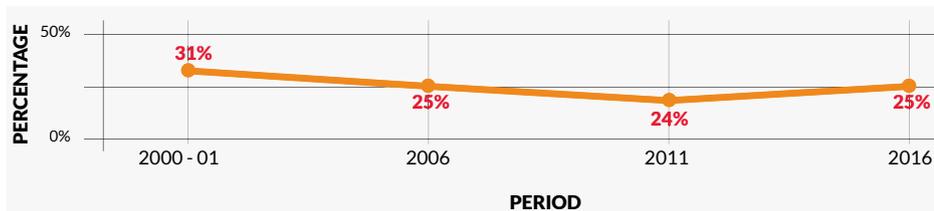


# FACT SHEET ON TEENAGE PREGNANCY, 2021



Uganda’s maternal Mortality Ratio (MMR) stood at 336 deaths per 100,000 live-births and regarding maternal mortality rates, 17.2 percent of the deaths were among those aged 15-19. According to Uganda Bureau of Statistics UBOS (2018), almost a quarter (one in four or 25%) of Ugandan women has given birth by the age of 18.

**Figure 1: The Trends of teenage pregnancy**

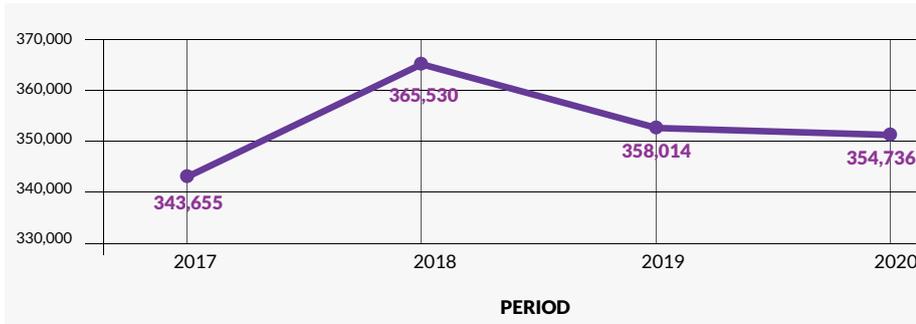


Source: Uganda Demographic Health Survey (UDHS-2000-01, 2006, 2011 and 2016).

- The figure above shows that teenage pregnancy has generally stagnated since 2006.
- 43% of women 25-49 years reported having married by 18 years in 2016.
- 20.7% married adolescents (15-19 years) use modern contraceptive methods in 2016.
- 30.4% of married adolescent girls (15-19 years) have unmet need for family planning (for spacing and limiting) in 2016.
- 21.9% of currently married adolescents (15-19 years) had met need for family planning in 2016.
- 40.3% among sexually active unmarried adolescents use modern contraceptive methods in 2016 (UBOS, 2018).



**Figure 2: The Trends of Teenage Pregnancies from 2017 to 2020**



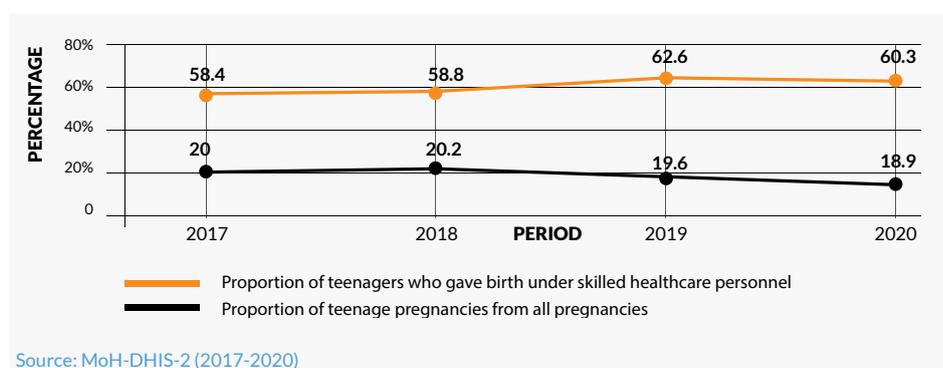
Source: MoH-DHIS-2 (2017-2020)

ANC 1 visits for adolescent <15 and 15-19 years was used as proxy indicator to determine Teenage pregnancy (Note many girls <19 years tend to shun ANC visits therefore the number of teenage pregnancies could be higher than what is recorded).

- The number of teenage pregnancies increased by 6.4% between 2017 and 2018, then reduced by 2.1% from 2018 to 2019 and then by about 0.9% between 2019 and 2020.
- Although there is no marked increase in teenage pregnancy between 2019 and 2020, however it is worth noting there is marked increase in teenage pregnancy within districts in 2020 (49.3% that is 67/136).
- A total of 290,219 teenage pregnancies were recorded from January to September 2021, translating to over 32,000 monthly, likely to surpass numbers in 2020 by end of year.

**Figure 3: The trends on Teenage Pregnancies (TP) and child birth under skilled birth attendant among adolescents.**

- About 2 in 10 (18.9%) pregnancies in all women attending first antenatal care were among teenagers in 2020 (See details in figure 3).
- 6 in 10 (60.3%) child births among teenagers were under skilled health personnel in 2020 (see details above).



Source: MoH-DHIS-2 (2017-2020)



### Regions most affected by Teenage Pregnancies.

- The six regions with the highest numbers of teenage pregnancies were; Busoga: the most affected district were Kamuli (6,535) and Mayuge (6,205 teenage pregnancies). North Central: the most affected districts were Mukono (5,535) and Luweero (4,545). Lango: (Oyam 6,449 and Lira 4,697). South Central: (Wakiso 10,439 and Rakai, 2711). West Nile: (Arua 4,705 and Yumbe 3,973). Tooro/Rwenzori: Kasese (7,319) and Kyenjojo (4,341).

### Trend of Teenage Pregnancies during Covid-19 Percentage increase in teenage pregnancies from 2019 to 2020

- 67 districts registered increase in teenage pregnancies from 2019 to 2020.
- 3 districts had increase in teenage pregnancies by over 25 percent from 2019 to 2020.
- These were; Dokollo (35.2%) in Lango, Budaka (28.7%) in Bukedi and Kaberamaido (28.6%) in Teso, and
- Manafwa (19.1%) in Bugisu, Sheema (18.1%) in Ankole, Amolatar (16.7%) in Lango, Bukwo (16.1%) in Bugisu and Buhweju (15%) in Ankole, Bulambuli (12.7%) in Bugisu and Napak (12.6%) in Karamoja.
- In 2020, the numbers of teenage pregnancies were the highest in: Wakiso (10,439), Kampala (8,460), Kasese (7,319), Kamuli (6,535), Oyam (6,449) and Mayuge (6,205).